Date: February 2023 Next review date: September 2023 Responsibility: EB/GML



DAME ALLAN'S SCHOOLS PLAY POLICY

1. COMMITMENT

Dame Allan's Schools (the Schools) undertakes to refer to this play policy in all decisions that affect children's play. The Schools are committed to providing the strategic and operational leadership needed to provide and maintain quality play provision for all of our children.

2. RATIONALE

The Schools believe that all children need opportunities to play that allow them to explore, manipulate, experience and affect their environment. We believe play provision should be welcoming and accessible to every child, irrespective of gender, sexual orientation, economic or social circumstances, ethnic or cultural background or origin, or individual abilities.

The OPAL Primary Programme rationale is that, 'better, more active and creative play times can mean happier and healthier children, and having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life.'

We exist to provide the best education to every pupil, regardless of background, within an inspiring and supportive environment as informed by the Schools' Anglican foundation and traditions. Embedded within our diamond structure is the expectation that pupils are not only purposeful and tenacious in their endeavours, but also tolerant and supportive of each other, underlining our view that when children feel valued and known, they can grow into happy and successful adults. The Outdoor Play and Learning programme will support these aims and embed this culture within the Junior School play times.

Dame Allan's pupils are challenged to discover and develop their sporting, artistic, leadership and other talents alongside their academic abilities, and to aspire for excellence in all that they do. They should always strive for their best, recognising setbacks as opportunities to reflect and learn. The OPAL programme will support and allow Dame Allan's students to develop the whole person and recognises the need to allow individuals to learn from and reflect upon mistakes. The OPAL programme will underpin the play structure and richness of experience through which new skills are learnt and knowledge embedded. Students will be encouraged to grasp opportunities to achieve beyond any externally or self-imposed limits and press ahead confidently in their academic and personal development.

At the heart of our aims is a concern for each pupil's welfare and for their positive development as an individual and member of the Dame Allan's family. We ask pupils to show care and concern for others within this orderly and supportive place, acting with consideration and respect for other people, themselves and their environment.

3. DEFINITION AND VALUE OF PLAY

Play is defined as a process that is intrinsically motivated, directed by the child and freely chosen by the child. Play has its own value and provides its own purpose. It may or may not involve equipment or other people.

The Schools believe play has many benefits, including:

- Play is critical to children's health and wellbeing, and essential for their physical, emotional, social, spiritual and intellectual development.
- Play enables children to explore the physical and social environment, as well as different concepts and ideas.
- Play enhances children's self-esteem and their understanding of others through freely chosen abilities, interests, genders, ethnicities and cultures.
- Play requires ongoing communication and negotiation skills, enabling children to develop a balance between their right to act freely and their responsibilities to others.
- Play enables children to experience a wide range of emotions and develop their ability to cope with these, including sadness and happiness, rejection and acceptance, frustration and achievement, boredom and fascination, fear and confidence.
- Play encourages self-confidence and the ability to make choices, problem solve and to be creative.
- Play maintains children's openness to learning, develops their capabilities and allows them to push the boundaries of what they can achieve.

Educational quality inspection links to personal development and pupil achievement. The OPAL programme is a key feature of the Junior School provision that helps to contribute to overall personal development as prioritised by the ISI.

Achievement: their attitudes towards learning, including their ability to demonstrate initiative and independence, their competence in working collaboratively and the extent to which they take leadership in their learning.

The OPAL programme will contribute to pupil's personal development as inspected by ISI.

4. AIMS

In relation to play Dame Allan's Schools aim to:

- Ensure play settings provide a varied, challenging and stimulating environment.
- Allow children to take risks and use a common sense approach to the management of these risks and their benefits.
- Provide opportunities for children to develop their relationships with each other.
- Aid children's physical, emotional, social, spiritual and intellectual development.
- Provide a range of environments that will encourage children to explore and play imaginatively.
- Provide a range of environments that will support children's learning across the curriculum and learning about the world around them.
- Promote independence and teamwork within children.
- Build emotional physical resilience.

5. RIGHTS

Dame Allan's Schools recognises the UN Convention on the Rights of the Child, which includes *the right to play, recreation and leisure* (Article 31) and *the right of children to be listened to on matters important to them* (Article 12). We acknowledge that we have a duty to take these rights seriously and listen to children's views on their play.

6. BENEFIT AND RISK

'Play is great for children's wellbeing and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool.'

Managing Risk in Play Provision: An Implementation Guide (Play Safety Forum, 2012)

The Schools will use the Health and Safety Executive guidance document *Children's Play* and Leisure - Promoting a Balanced Approach (September 2012) as the principal value statement informing its approach to managing risk in play. In doing so, the school will adopt a risk-benefit approach as detailed in *Managing Risk in Play Provision: An* implementation Guide (Play Safety Forum, 2012).

Risk-taking is an essential feature of play provision and of all environments in which children legitimately spend time at play. Play provision aims to offer children the chance to encounter acceptable risks as part of a stimulating, challenging and managed play environment. As outlined in the play sector publication 'Best Play', play provision should aim to 'manage the balance between the need to offer risk and the need to keep children and young people safe from harm'.

In addition to standard risk-benefit assessments the Schools will practise dynamic risk management with children, encouraging them to identify and manage risks in an environment where adults are present to support them.

The School's believe that risk taking is an important part of children's physical, emotional, social, spiritual and intellectual development. It helps to promote independence and teamwork within children and helps to build emotional physical resilience.

7. SUPERVISION

The law requires that children in school have supervision but for primary school play times there are no stated ratios. During the school day there should be one or more adults present outdoors. The school recognises OPAL's three models of supervision: Direct, Remote and Ranging. Except for new children in reception, whose skills and orientation in the school environment need to be assessed, the school does not believe direct supervision is possible or beneficial. Supervisors will use ranging and remote supervision models, so that children can quickly find an adult and adults can patrol large sites to gain an awareness of the kinds of play and levels of risk like to be emerging.

The supervision team will be comprised of the the OPAL coordinator supported by the play time team.

8. THE ADULT'S ROLE IN PLAY

The School will help children maximise the benefits they can gain from play by the provision of trained staff who are informed by and work in accordance with the Playwork Principles. Staff will use and refer to these principles when appropriate interventions are needed, and ultimately will strive for facilitating an environment that nurtures children's self-directed play.

The playworker's core function is to create an environment that will stimulate children's play and maximise their opportunities for a wide range of play experiences. A skilled and experienced playworker is capable of enriching the child's play experience both in terms of the design and resources of the physical environment and in terms of the attitudes and culture fostered within a play setting. Playworkers are a channel of access to new materials and tools and they can act as a stimulus to children to explore and learn. They are also available to participate in the play if invited.

For example: a member of staff may put resources in a place they have not been before or use some loose parts to build a scene, eg. vets, shop, hospital, hair salon. Draw out the rooms of a house in chaulk. They may do something playful and interesting themselves and watch children join in, then slowly leave and let the children get on with it.

9. EQUALITY AND DIVERSITY

Through providing a rich play offer meeting every child's needs the Schools will ensure all children, regardless of age, gender, race, disability or other special needs, can develop and thrive, build strong relationships and enjoy school.

10. ENVIRONMENT

The Schools believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable or unnecessary risks and thereby offer children the opportunity to explore for themselves through their freely chosen play.

A rich play setting supports safeguarding, helps children develop confidence in team building and advocating for their own rights, increases children's social and emotional capabilities and helps develop a love and enjoyment of the outdoors, which is a key foundation for caring for the environment.

The Schools will strive to continually improve the quality and diversity of our school's grounds to enhance play. We will use the document 'Best Play' to guide us on what a quality play environment should contain.

www.freeplaynetwork.org.uk/pubs/bestplay.pdf